## Meadow Heights Menus March 2024

## Breakfast

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Long John	Biscuit & Gravy	Sausage, Oats & Cinnamon Toast	Breakfast Bowl & Toast	Chicken & Biscuit

Fruit and a variety of Milk offered daily.

Breakfast Bars offered daily.

## Lunch

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
				1
				Fish Fillet on Bun
				Tater Tots
				Slaw
				Peach Cup
4	5	6	7	8
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
11	12	13	Sophomore Choice 14	15
Macaroni & Cheese	Crispy Chicken Legs	BBQ Rib on Bun	Popcorn Chicken	Breaded Mozzarella
Sweet Peas	Scalloped Potatoes	Corn on the Cob	Mashed Potatoes & Gravy	Cheese Sticks
Blueberry Crisp	Texas Toast	Baked Beans	Texas Toast	Spaghetti Sauce
, ,	Strawberry Cup	Cantaloupe	Peaches	Fresh Veggies/Ranch
	, ,	•	Oreo Fluff	Green Applesauce
18	19	20	21	22
Spaghetti w/Meat Sauce	Italian Combo Sub	Nachos	Chicken Alfredo	Fish Shapes Sticks
Ranch Garden Salad	Lettuce/Tomato	Lettuce/Salsa	Steamed Broccoli	Macaroni & Cheese
Garlic Breadstick	Dill Pickle Spear	Taco Bean Dip	Cheese Ripper Stick	Slaw/Beans
Bananas	Carmel/Apple Slices	Mandarin Oranges	Grape Juice	Mixed Fruit
25	26	27	28	29
Dirty Fries	Taco	Mostaccoli	NO SCHOOL	NO SCHOOL
(BBQ Pork & Cheese Sauce	Lettuce/Salsa	Ranch Garden Salad		
On Waffle Fries)	Refried Beans	Breadstick		
Texas Toast/Cookie	Pineapple Juice	Pears		
Applesauce Cup				

Additional Elementary, Middle and High School Choices

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Patty	Fish Sticks	Turkey & Cheese Rollup	Cheese Ripper	Cheeseburger

Variety of Milk, Fruit, and Vegetables offered daily.

Chef Salads will be offered to Middle School and High School.

Menu subject to change according to availability.

The USDA is an equal opportunity provider.